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www.physiohealthstudios.com

SERVICES & PRICE LIST (effective Jan 1, 2027)

(most services are covered by extended health plans)

PHYSIOTHERAPY		*Senior Associate*
Initial Assessment	$135	$145
Treatment 15 min	$57	$60
Treatment 30 min	$90	$100
Treatment 45 min	$125	$135

MASSAGE THERAPY (RMT)	
30 minutes	$80
45 minutes	$100
60 minutes	$130
75 minutes	$160
90 minutes	$190

ATHLETIC THERAPY	
Initial Assessment (45 min)	$135 + hst
Treatment 30 min	$90 + hst
Treatment 45 min	$125 + hst

EXERCISE REHAB & FASCIAL STRETCH THERAPY	
30 minutes	$75
45 minutes	$100
60 minutes	$125

PERSONAL TRAINING	
Consultation	No charge
45 minutes	$95 + hst
60 minutes	$125 + hst
Package rates	Inquire

CUSTOM BRACING & COMPRESSION	
Consultation/fitting	No charge
Custom bracing	Variable
Compression garments (pair)	$150-$250

CHIROPRACTIC	
Initial Assessment	$99
Initial Assessment - complex	$135
Treatment 15 min	$57
Treatment 30 min	$90
Treatment 45 min	$125

ACUPUNCTURE, CUPPING & GUASHA	
Initial Assessment	$135
Treatment 30min	$75
Treatment 45min	$100
Treatment 60min	$135

NATUROPATHIC MEDICINE	
Consultation (15min)	No charge
Initial Assessment (60min)	$225
Follow up 30 min	$100
Follow up 45 min	$140
Manual Therapy Initial	$135
Manual Therapy 30 min	$90
Manual Therapy 45 min	$125

OSTEOPATHY	
Initial Visit	$135 + hst
Treatment 30 min	$90 + hst
Treatment 45 min	$125 + hst
Treatment 60min	$140 + hst

CUSTOM ORTHOTICS	
Gait scan/consultation	No charge
Custom orthotics	$500

PSYCHOTHERAPY (offered virtually)	
Consultation (10-15min)	No charge
60 minutes	$150

To book an appointment please call 416-368-2525 or email info@physiohealthstudios.com with your name, contact information, and desired appointment date/time. Direct billing is available with select insurance plans.
Prices are subject to change without notice. Current prices are always on our website.

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